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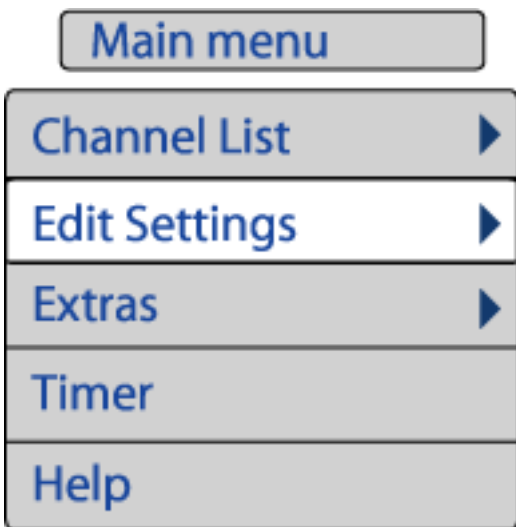## If the screen looks boxed in / squashed:

On your remote press on the Menu button from there on follow the instrustions below:

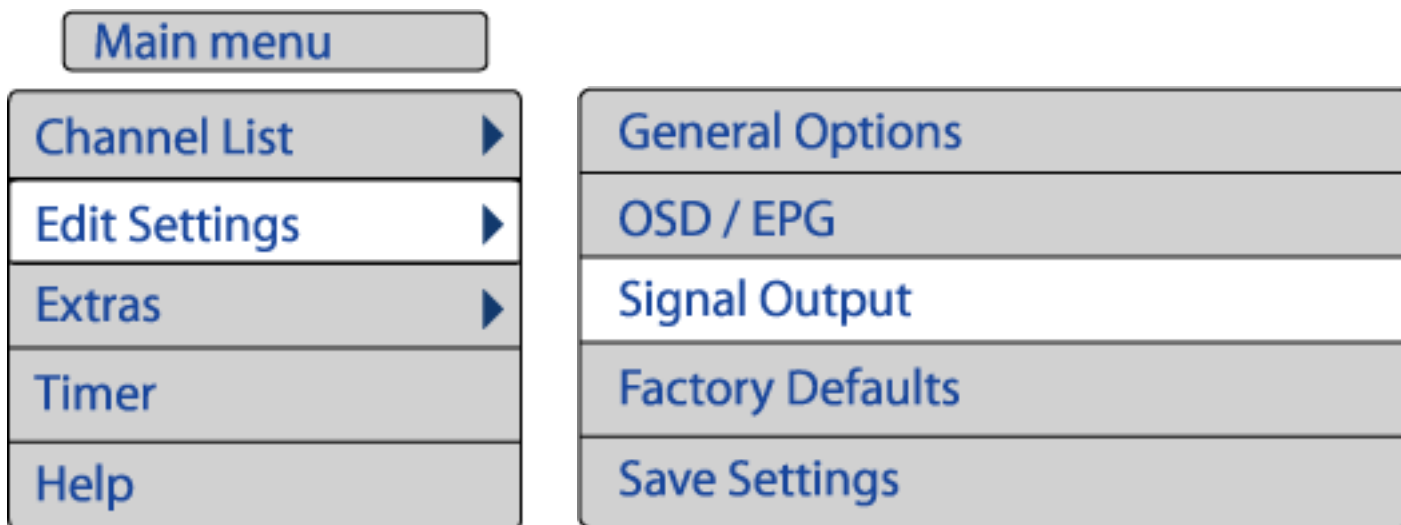1. Choose Main Menu and press OK on your remote

| Audio channel |
| Audio channel |
| EPG |
| Main menu |

2. Browse down to Edit Settings (using the P- button) and then press OK.

| Main menu | |
| Channel List | ▶ |
| Edit Settings | ▶ |
| Extras | ▶ |
| Timer | |
| Help | |

3. The following sub menu should appear. Choose Signal Output and press OK.

**Main menu**

| Channel List | ▶ | | General Options |
|---|---|---|---|
| Edit Settings | ▶ | | OSD / EPG |
| Extras | ▶ | | Signal Output |
| Timer | | | Factory Defaults |
| Help | | | Save Settings |

4. On the signal output menu while the TV-Screen option is highlighted, use your remotes  -  +  button to change your selection to your desired screen type.

**Edit Settings > Signal Output**

| TV-Screen: | 4:3 (full screen) |
|---|---|
| Video format TV: | RGB |
| Video format VCR: | CVBS |
| V.-format VCR In: | CVBS |
| Volume-Bypass: | None |

Exit out of your menu by pressing the Exit button on your remote 3 times.

**Related topics:**

Connecting your Set Top Box to your TV

Setting up your STB